



Friday Flyer

3rd March 2023

Head of School Update

It will come as no surprise to the children that Thursday was one of my favourite days of the year so far! As I frequently tell them, I love reading and would merrily spend all my time absorbed in a book and so it made me very happy to see the children equally as engaged with books on World Book Day. I loved visiting each classroom and seeing our older and younger children reading stories together; there is something so special about bonding over a book.









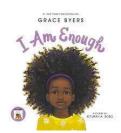






The children produced some beautiful pieces of work which were inspired by the book 'I am Enough' by Grace Byers. The book was a natural choice for our whole school focus as it exemplifies many of our school values such as kindness, respect, empathy and resilience. We have compiled the children's work into a book titled 'We are Enough' and you will be able to see it when you are in school for parent/carer consultations later this month.

I always feel it's a privilege to be able to share one of my (many) favourite books with the children and I especially enjoyed reading to the children on World Book Day as I chose 'The Book With No Pictures'. I don't want to give any spoilers away as to what it's about as I've encouraged the children to borrow it from the library or perhaps purchase a copy and ask





their grown ups to read it to them - I promise it will be a treat for both you and your children!



There will be the opportunity to add to your own family library as our book fair will be in school from 14th to 20th March with some exciting titles.

Best wishes, Claire Johnson





Class by Class Attendance

Class	Attendance
Reception	100
Y1/2	94.12
Y3/4	95.33
Y5/6	91.67

Please refer to the graphic below which shows the significant impact of absence over time.

Days off School add up to lost learning!









Mental Health Update

Please find attached to your Friday Flyer email a guide for parents and carers to developing healthy sleep habits with your children.

Why is sleep important for our mental health?

Sleep is also a critical component of our mental health, not just our physical health.

In our surveys, nearly half
48%
of adults and two thirds of teena



agreed that sleeping badly has a negative effect on their mental health.

Good sleep can help us to:

- · manage feelings, emotions and behaviour,
- be alert and remember things properly, and
- be attentive and learn better.

However, lack of sleep or poor quality sleep can:

- · make us feel low, anxious, irritable or confused, and
- make it harder to manage our emotions and the challenges in life.

Sleep problems can be both a symptom of, and a contributor to, mental health problems. Experiencing a sleep problem is very common, with as many as 1 in 3 people having difficulties sleeping.

Lack of sleep over a consistent period of time can also increase impulsive behaviour, negative thinking, feelings of anger, and is linked to increased risk of mental health problems such as depression and anxiety disorders.





"Northumberland"



recipes



In celebration of Refugee Week 2023, we are proud to launch our multilingual, community e-cookbook.

Get involved!

In a Word document or an email, send us your favourite international recipe in any language by Friday, 19th May 2023. Make sure there's an English translation too! Finally, top it off with some pictures.

What next?

Your recipe will join many others to create a multilingual e-cookbook. This will be shared <u>online</u>.

Email: eal@northumberland.gov.uk

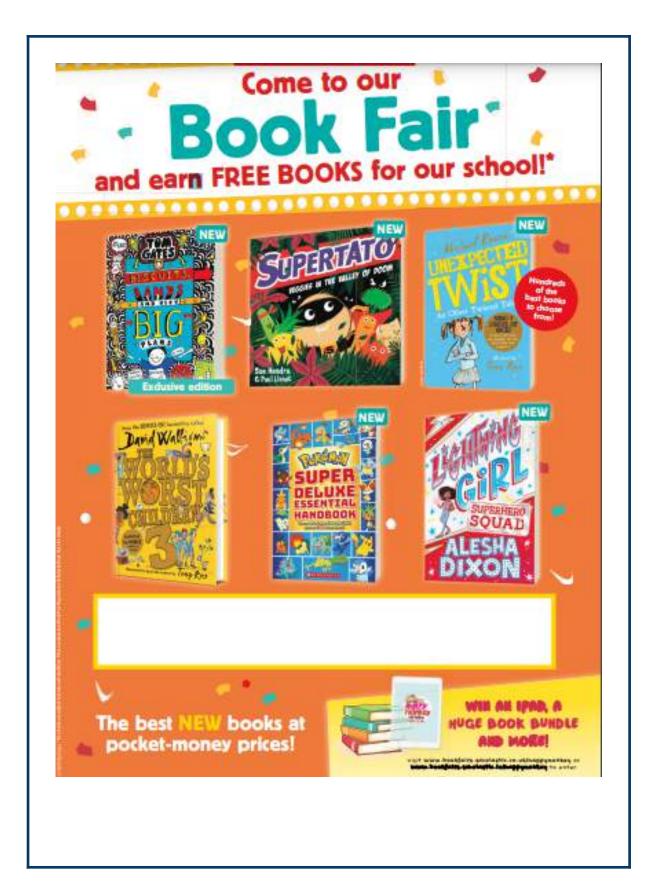
















Upcoming events:			
Thursday 9 March	Science Day		
13th & 14th March	Parent / carer consultations		
14th - 20th March	Book Fair		
Week beginning 27 March	Made In The North East Week Each class will study an aspect of local history/geography including a visit.		
Monday 27 March	Belsay Shakespeare Cast's performance of The Tempest at Northern Stage		
Friday 31 March	End of term		
Monday 17 April	Summer term begins		
Monday 1 May	Bank Holiday		
Monday 8 May	Bank Holiday (King's Coronation)		
Tuesday 9 May - Friday 12 May	Y6 Sats		
Friday 26 May	End of summer 1		
Monday 5 June	Summer 2 begins		
Week beginning 12 June	Year 1 phonics screening		
Week beginning 16 June	Y6 France trip		
	All dates may be subject to change.		





The week in Reception

We have had a lovely first week back together and everyone has come back with lots of exciting news to share from their half term holiday.

This week we have focused on the story 'I am enough' by Grace Byers. It has been lovely to discuss how we are able to contribute to the world around us, just by being ourselves. We also celebrated how we are unique and that there is only one of us in this world. The children then all thought about what makes them special and we recorded it in our whole school book 'We are enough'. On World Book Day we enjoyed spending time with the year 3 and 4 children to read our books we brought from home. It was lovely to see everyone working together to encourage reading. We were very creative with our reading and some children chose to use torches to help them to read in the dark.







We have also worked hard on planning and making our own model from recyclable materials. Everyone brought in a lot of items and we had a great time being creative. We have made rockets, dinosaurs, unicorns and even a baseball bat. The children were fantastic at writing their plan and thinking carefully about which items they would use.







Miss Houghton





The week in Key Stage 1

Year 1 and 2 have begun their new class text *Stella and the Seagull* by Georgia Stevens and Izzy Burton. We made predictions before reading the story and discussed the importance of knowing that you're never too small to make a big difference! We are looking forward to retelling the story in our own words next week.

We enjoyed reading Grace Byers' *I am Enough* to celebrate World Book Day across school. The book helped us to identify all of the things that make us special and kind. The book links



strongly with our school values of respect, kindness, resilience and collaboration. We wrote wonderful Acrostic Poems to describe ourselves and why we are enough. We were also very happy to have Year 5 and 6 join us in the afternoon to read our favourite books to us!







Miss Dixon





The week in Year 3 and 4

This week in Year 3 and 4 we have been so excited to start our new text in English 'This morning I met a whale'. We have made some excellent predictions about the story as well as digging deeper into the story using a hot seat in small groups. We loved PSHE this week because we have been exploring teamwork and why this is important. We looked at some pictures of different scenarios and evaluated how teamwork was shown but also why it was important. We discussed different settings and different skills we would need to work as a team before going outside to work through challenges that required us to work as a team and come up with solutions to support us.

For 'World Book Day' we explored the book 'I am enough' which celebrates us as individuals and what is special about us. This was a lovely way to not only let the children reflect on themselves but also to really engage with our chosen book and apply it to ourselves. We were very lucky to go to Reception and read their favourite books to them and see how excited they were to have us bring their stories to life but also to expose ourselves to different books before reading our own stories and sharing why it is our favourite with our classmates.

Well done for an amazing first week back Year 3 and 4 and I am excited for all the amazing learning we are going to do this half term!





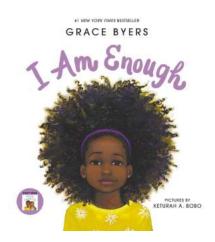
Miss Cruse





The week in Year 5 and 6

Another busy week in Year 5 & 6; despite it only being a short one. This week we have spent a time looking at **protected characteristics**. What they are (including definitions), examples of times when they are not adhered to (particularly in employment) and how we all need to work hard to make sure everyone is **respected** and that we all feel **valued** for being who we are.



World Book Day

During World Book Day we used a book called 'I Am Enough' by Grace Byers as a stimulus to encourage debate and discussion. This book is an inspiring lyrical ode to loving who you are, respecting others and being kind to one another; values that we encourage most often in our class.

We designed some amazing kenning poems that will be included in our whole-school book, to celebrate our day around our chosen book. Here are some pictures of our kennings below:



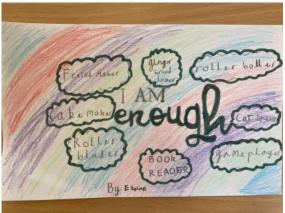












All About Me

We have created a wall display celebrating 'All About Me', focusing on the things which make each of us unique and celebrating our wonderfully diverse lives. Thank you to parents/carers who have helped by sending over pictures and other memorabilia.













Mr Harvey and Miss Thomas





